



Mental Health Affects Everyone Including The Underserved

Dealing with issues we all face can be difficult and hard to understand. Housing, food insecurity, access to benefits, and quality healthcare are just some of the things the 77,000 patients at San Mateo Medical Center struggle with that greatly affect their mental health. Imagine having to choose between paying rent or buying groceries. Paying for gas or diapers. Our patients face this very real hardship everyday.

OUR COMMUNITY NEEDS YOU

**This #GivingTuesday
help give someone a chance.**

We are facing an unprecedented challenge and any donation will be warmly welcomed as we continue to support people most in need.

Your donations could provide...



\$25-\$50
3 Months of Prescriptions



\$100
20 Newborn Baby Kits



\$500
Dental Work for a Patient



\$1,000+
The possibilities are endless!



DONATE TODAY!

DOUBLE YOUR IMPACT

A special thank you to So Inclined Philanthropic Foundation and SAGA Foundation for matching all donations through midnight on November 29!

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